



THE NORTHWEST WELLBEING HUB

"WHERE WELLNESS FLOURISHES, LIVES THRIVE"

LONDON NOOTROPICS COFFEE

ALMOND MILK, OAT MILK, COWS

FLOW ADAPTOGENIC COFFEE	2.50
ZEN ADAPTOGENIC COFFEE	2.50
MOJO ADAPTOGENIC COFFEE	2.50

TEA

TEA	Almond, Oat Or Cows	2.50
DECAF TEA	Almond, Oat Or Cows	2.50
GREEN TEA	Lemon & Honey	2.50
ROOTS TEA	Ginger root, Turmeric, Lemon grass, Cinnamon, Black pepper	2.50
CLEANSE TEA	Nettle, Fennel, Lemon & Lime	2.50

HOT CHOCOLATE

HOT CHOCOLATE	3.00
NOOTROPICS MOCHA	4.00

SMOOTHIES

GLOW ANTI INFLAMMATORY 4.00

Pineapple & Mango chunks, Ginger, turmeric, Orange, Black pepper, Sea moss, Icelandic yogurt & Chia Seeds

THRIVE ANTIOXIDANT 4.00

Broccoli, kale, Spinach, Avocado, Mango, Apple, Flax seeds, chia seeds Icelandic yogurt & Lime Juice

CHEFS HOMEMADE TREAT

ORGANIC PROTEIN FLAPJACK 3.50

SUPERFOOD BROWNIE 3.50

*ADD SUPPLEMENTS**

SEA MOSS DROPS	2.00
SHILAJIT	2.00
PROTEIN	2.00

